



# ON-LINE REGISTRATION!

[www.coastregistry.com/clubs/wrssc](http://www.coastregistry.com/clubs/wrssc)

FOR CANSKATE, CANPOWERSKATE, TEENSKATE

## OPEN HOUSE & SKATE SALE

**Thursday September 8  
4:30-6:30 pm  
Centennial Arena**

Skater registration, on-ice skater assessments for new members by club coaches, new and used skate and clothing sale.

*Club members are welcome to drop off used items for skate sale on Wednesday September 7th from 5-7 pm at Centennial Arena.*

the  
**LARGEST SELECTION of  
NEW & USED  
SKATES!**

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# White Rock South Surrey Skating Club

Mailing Address: PO Box 45063  
12851 16th Ave,  
Surrey, BC V4P 2J4  
[info@wrsssc.com](mailto:info@wrsssc.com)  
[www.wrsssc.com](http://www.wrsssc.com)  
604-538-0109



## FALL/WINTER SEASON 2011-2012

### SKATE CANADA PROFESSIONALS

Jennifer Dougan	778-294-1255	hairypaw@shaw.ca
Linda Carroll	778-840-6061	linlou@shaw.ca
Jitka MacLintock	604-241-8206	
Sandra Pennington	604-312-7333	sk8coach@telus.net

### PERFORMANCE TRAINING DANCE COACHES

Christa Fosolan                      Lindsay White

### BOARD OF DIRECTORS

President	Siobhan Philips	778-294-7334
Vice President	Nancy Edwards	604-541-6233
Treasurer	Darla Seyler	604-541-4171
Secretary	Vicki Drever	604-531-7262
Test Chair	Christa Makowsky	604-574-0400
Publicity & Promotions	Rae Buxton	604-531-6263
Volunteer Coordinator	Leanne Howard	604-538-1457
Special Events Coordinator	Vicky Bourassa	604-538-3742
Hospitality Coordinator	Ruby Kramer	604-541-9833
Director	Kym Bailey	604-535-8457
Director	Carla Maskall	604-535-9282

#### Registrars:

Accelerated STARSkate & TeenSkate	Milly Ferronato	604-541-4177
CanSkate	Whitney Mitchell	604-542-0742
CanPowerSkate	Trish Jamieson	604-538-9195
STARSkate	Nancy Edwards	604-541-6233

**CLUB OFFICE HOURS  
TUESDAY & THURSDAY, 3:30-5:00 PM  
CENTENNIAL ARENA**




## CLUB PROGRAMS

**CanSkate** is Skate Canada's learn-to-skate program for children aged 4 to 12. It teaches the fundamentals of skating to help build a foundation for all kinds of skating. CanSkate is a two day per week program, and skaters must be 4 years old to begin (born in 2007 or earlier). Skaters are grouped by age and skill, beginning in Stage 1 progressing to Stage 7. Helmets are mandatory until Stage 6, skaters must wear mittens or gloves and appropriate clothing (no jeans).

September 13—March 8  
Centennial Arena

CanSkate 1: Ages 4-7 - 4:00-4:45 pm, Tuesday & Thursday—\$450

CanSkate 2: Ages 8+ - 4:45-5:30 pm, Tuesday & Thursday—\$450

 **TeenSkate** is a new program this year, for skaters who have passed CanSkate Stage 6 or who are over 12 years of age, and would like to pursue figure skating at a recreational level. Includes 30 minute group lesson and 15 minute freeskate.

September 14—March 7

Wednesday, 7:15-8:00 pm, South Surrey Arena—\$200

**CanPowerSkate** is geared to hockey & ringette players, focusing on balance, power, agility, speed & endurance. Skaters must have basic forward, backward & stopping skating skills, & should be at least 6 years of age. All sessions at South Surrey Arena.

Thursday 6:45-7:45 am (2 10 wk seasons—Sept 15-Nov 17 / Jan 5-Mar 8)

*Advanced Class—Restricted to CanPower Level II Bronze & above*

\$195 per season

Friday 5:15-6:15 pm (10 wk season Sept 18-Dec 9 / 9 wk season Jan 6-Mar 9)

*For beginning power skaters, up to CanPower Level II Bronze*

\$210 fall season / \$195 winter season

**Accelerated STARSkate** is the connecting link between CanSkate and STAR-Skate. This program is taught in small groups, and skaters learn basic figure skating skills, jumps, spins and routines. By coach invitation only.

September 13—March 8

Tuesday & Thursday, 3:15-4:00 pm

+ off-ice 4:10-4:45 pm Tues OR Thurs

\$550

**STARSkate/Competitive** sessions require prior completion of CanSkate, and offer opportunities for skaters of all ages to develop fundamental figure skating skills in the areas of freeskate, skills, ice dance and interpretive. Skaters' progression is promoted through a nationally standardized testing system and participation in competitions.

### Off-Ice Classes

**TECHNIQUE**— Designed to improve jump & spin technique, focusing on strength & flexibility exercises specific to skating. Taught by Skate Canada coaches.

**PERFORMANCE TRAINING** - Training in musicality, movement, stretching & core strengthening. Taught by professional dance instructors.



## IMPORTANT DATES

Sept 2  
Sept 6 & 7  
Sept 7  
Sept 8

Deadline for STARSkate early registration discount, 6 pm  
Pre-Season Boot Camp, 3:30-5:30 (pre-registration required)  
Skate Sale Drop Off—all items for Open House Skate Sale to be dropped off between 5:00-7:00 pm, Centennial Arena  
**OPEN HOUSE & SKATE SALE**, 4:30-6:30, Centennial Arena (late registration fee applies after this date)

Oct 10  
Oct 14-16  
Oct 21  
Oct 21  
Oct 21-23

No Skating—Thanksgiving  
Autumn Leaves, Kamloops—Super Series Competition  
Club Pro-D Day Seminar, 9 am-1 pm, South Surrey Arena  
CANCELLATION: 5:15 pm CanPowerSkate session  
BC Coast Fall Sk8Fest, TBA

Nov 9-13  
Nov 11  
Nov 25  
Nov 25-27  
Nov 30-Dec 4

BC/YT Section Sectionals, Kelowna—Super Series Competition  
No Skating—Remembrance Day  
CANCELLATION: 5:15 pm CanPowerSkate session  
Jingle Blades Competition, White Rock  
Western Challenge Competition, Mississauga, ON

Dec 1  
Dec 1  
Dec 10 & 11  
Dec 14  
Dec 15  
Dec 16

CANCELLATION: 4:45 pm STARSkate session  
STARSkate Seasonal Bowling Party  
Centralized High Test Days  
CANCELLATIONS: TeenSkate & 7:15 Dance Session  
Sugar Plum Family Skate, 4:00-5:30 pm, Centennial Arena (*seasonal skate for all club members*)  
WRSSSC low test day (regular afternoon skating cancelled)

*Seasonal Break—Saturday December 17, 2011—Sunday January 1, 2012*

Jan 4  
Jan 7-8  
Jan 11  
Jan 16-18  
Jan 18-22

CANCELLATIONS: TeenSkate & 7:15 Dance Session  
BC Open Synchro Championships, South Surrey  
CANCELLATIONS: TeenSkate & 7:15 Dance Session  
Junior Nationals Competition, Moncton, NB  
Canadian Nationals Competition, Moncton, NB

Feb 3-5  
Feb 3  
Feb 10-12  
Feb 10  
Feb 11 & 12  
Feb 14

WinterSkate/BCCoast Regional Championship, Chilliwack  
CANCELLATION: 5:15 pm CanPowerSkate session  
Ogopogo Competition, Penticton  
Club Pro-D Day Seminar, 9 am-1 pm, South Surrey Arena  
Centralized High Test Days  
Club Skills Competition—"Hearts on Ice"  
(all regular afternoon skating cancelled)

Feb 22  
CANCELLATIONS: TeenSkate & 7:15 Dance Session

March 3  
March 9  
March 9-11  
March 17 & 18  
March 23-25

WRSSSC low test day  
Final day of skating  
Spring Fling Competition, Aldergrove  
Centralized High Test Days  
Super Series Competition Final, Surrey

**Season End**

## VOLUNTEER FEE

- Compulsory for all STARSkate & Accelerated STARSkate members.
- ✓ \$150 per family
  - ✓ Paid by post-dated cheque dated March 9, 2012
  - ✓ Minimum 5 hour volunteer commitment per family
  - ✓ Volunteer hours may be performed by parent, guardian, sibling or skater, and combined to reach total
  - ✓ For music playing to qualify as volunteer time, players must commit to one half of a season of a session's playing time.
  - ✓ When hours are complete, cheque will be returned or destroyed

## STARSKATE SESSION QUALIFICATIONS

### JUNIOR

Skaters who have not yet passed a Skate Canada Freeski Test and those who have passed the full Preliminary Freeski Test.

### SENIOR

Skaters who have passed the Skate Canada Junior Bronze Freeski Test, and above.

### OPEN

Open to skaters at all test levels.

*Exceptions allowed by coach's request and board approval.*

### Pre-Season Bootcamp

Tues Sept 6  
&  
Wed Sept 7

3:30-5:30 pm

## EARLY REGISTRATION DISCOUNT

- 5% discount on STARSkate registrations if received by the program registrar by 6 pm on Friday September 2
- Registrations must be received complete with all necessary forms and full payment by cheque or cash (i.e. no credit card, debit or post-dated cheques) to qualify for discount.
- Discount applies to session fees only.

## BUY ONS

- Cost of buy on punch cards depends on number of hours purchased:
  - 2 hour card / \$30 = \$15/hour
  - 5 hour card / \$70 = \$14/hour
  - 10 hour card / \$125 = \$12.50/hour
- When buying onto a session, skaters must purchase the entire session.
- Skaters may only buy onto sessions for which they are qualified, and space permitting.
- The Group instruction component of a session will be charged at twice the regular buy on rate.
- Buy on cards may be purchased at the rink from Coach Linda Carroll or at the club office during office hours.

## CLUB POLICIES—All Programs

- ◆ Registration forms must be filled out completely and accompanied by full payment in Canadian funds. Registration is not considered complete until all necessary forms & payment have been received by the program registrar.
- ◆ Registration forms may be mailed to the club address, delivered to the program registrar or submitted at Open House; faxed forms are not considered complete.
- ◆ Payment by debit and credit card must be made in person only.
- ◆ **New this year: Online registration available for CanSkate, CanPowerSkate & TeenSkate @ [www.coastregistry.com/clubs/wrsssc](http://www.coastregistry.com/clubs/wrsssc) (payment by PayPal).**
- ◆ A \$20 Late Registration Fee will apply to all registrations received after Sept 8, 2011 (Open House).
- ◆ No refunds after Oct 7, 2011 without a medical certificate. A \$25 administration fee is charged for all refunds. The Skate Canada fee is non-refundable, and any sessions skated will be deducted from the refund amount.
- ◆ Pro-rating of fees will begin on Nov 1, 2011; late registration fee will apply.
- ◆ Price for CanSkate, CanPowerSkate & TeenSkate includes annual Skate Canada membership fee and insurance.
- ◆ Children's Fitness Tax Credit receipts will be available for pick-up during club office hours in Jan 2012; they will not be mailed.
- ◆ All known cancelled days have been factored into session pricing.
- ◆ All programs are subject to change based on enrollment.
- ◆ Please see website for complete list of club policies.

## PAYMENT OPTIONS

Full amount, dated Sept 8 — cash, cheque, debit, Visa, Mastercard  
 3 cheques of 3 equal payments, dated Sept 8, Nov 1, Dec 1  
 On-Line Registrations - PayPal (*CanSkate, CanPower & Teen Skate only*)

## CLUB POLICIES—STARSkate & Accelerated

- ◆ Skaters' second freeski session choice must be a morning session.
- ◆ Skaters must book private or semi-private lessons with their coach before registering for freeski, skills or dance sessions.
- ◆ A 5% early registration discount is available for STARSkate registrations.
- ◆ Registration is offered on a first come, first served basis.
- ◆ Any changes to session choices made after Sept 23, 2011 will incur a \$10 Session Change Fee.
- ◆ In order to register with Skate Canada as a WRSSSC home club member for the purposes of taking tests or entering competitions, skaters must purchase at least one on-ice session with the club. Volunteer form must be completed and submitted, and fee included, in order for registration to be processed.
- ◆ Volunteer form must be completed and included with fee (post-dated cheque only), in order for registration to be processed.
- ◆ Any unscheduled cancellations may be reimbursed with buy ons.

## WRSSSC FALL/WINTER 2011-2012 SCHEDULE

### Beginning September 12, 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	OPEN FREESKATE (SS) 6:00-6:45 am \$190	OPEN FREESKATE (SS) 6:00-7:00 am <i>Includes 15 min Group</i> \$250	CANPOWERSKATE (SS) 6:45-7:45 am \$195	OPEN FREESKATE (SS) 6:00-7:00 am <i>Includes 15 min Group</i> \$240
	SKILLS/DANCE (SS) 6:45-7:30 am \$190	SKILLS/DANCE (SS) 7:00-7:30 am \$125		SKILLS/DANCE (SS) 7:00-7:45 am \$180
	OPEN FREESKATE (SS) 7:30-8:30 am <i>Includes 15 min Group</i> \$250	OPEN FREESKATE (SS) 7:30-8:30 am <i>Includes 15 min Group</i> \$250		OPEN FREESKATE (SS) 7:45-8:30 am \$180
	ADULT SKATE 9:30-10:30 am \$225			
JUNIOR FREESKATE 3:15-4:15 pm \$265	ACCELERATED STARSKATE 3:15-4:00 pm \$550	SENIOR FREESKATE 3:15-4:15 pm <i>Includes 15 min Group</i> \$285	ACCELERATED STARSKATE 3:15-4:00 pm <i>Included</i>	OPEN FREESKATE (SS) 3:15-4:15 pm \$255
SKILLS/DANCE 4:15-5:00 pm \$210	CANSKATE 1 4:00-4:45 pm Age 4-7 \$450	OPEN FREESKATE 4:30-5:30 pm <i>Includes 15 min Group</i> \$280	CANSKATE 1 4:00-4:45 pm <i>Included</i>	SKILLS/DANCE (SS) 4:15-5:00 pm \$200
SENIOR FREESKATE 5:15-6:15 on ice 6:20-7:00 off-ice technique \$ 365	CANSKATE 2 4:45-5:30 pm Age 8+ \$450	JUNIOR FREESKATE 5:15-6:15 on ice 6:20-7:00 off-ice technique <i>Includes 15 min Group</i> \$380	CANSKATE 2 4:45-5:30 pm <i>Included</i>	CANPOWERSKATE (SS) 5:15-6:15 pm \$210
	OPEN FREESKATE 4:45-5:30 off-ice performance 5:45-7:15 on ice <i>Includes 30 min Group</i> \$440		OPEN FREESKATE 4:45-5:30 off-ice performance 5:45-7:15 on ice <i>Includes 30 min Group</i> \$440	
		TEENSKATE (SS) 7:15-8:00 pm \$200		
		DANCE (SS) 7:15-8:15 pm \$215		

Sessions marked (SS) take place at South Surrey Arena—2199 148 St, Surrey  
All other sessions are at Centennial Arena—14600 North Bluff Rd, White Rock